

REGISTRATION

Name: _____

Email: _____

Phone Number: _____

Please circle the appropriate discipline:

PTA PT

OTA OT

Registration Deadline: October 7, 2016

I plan to attend the reception.

Yes No

I plan to attend the tailgate party.

Yes No

There is no cost to attend these events.

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The A-State College of Nursing & Health Professions Presents the 6th annual PTA Alumni Day

Activities Include:

- Free CEUs (4 hrs)
- 20th Anniversary Celebration
of the PTA Program
- Participation in PT Day of
Caring
- Recognition of Distinguished
Alumni
- Homecoming Tailgate



**October 15, 2016
Arkansas State
University
Reynolds Building
Room 222
Jonesboro, AR**

Directions to the Donald W. Reynolds Center

From US-63: Turn north onto Red Wolf Blvd. Stay on Red Wolf Blvd until you reach Johnson Ave. Turn left (West) at the traffic signal at Red Wolf Blvd and Johnson Ave. Turn left (South) onto Caraway Rd, entering campus. Park in the North Deck parking garage on your right. The Reynolds building is the first large building on your left.

From US-49 North: Stay on Red Wolf Blvd. until you reach Johnson Ave. Turn right (West) at the traffic signal at Red Wolf Blvd and Johnson Ave. Turn left (South) onto Caraway Rd, entering campus. Park in the North Deck parking garage on your right. The Reynolds building is the first large building on your left.

Free visitor parking is indicated by a blue square marked with a white "V."

About the Speaker

Rhonda Boeckman, PTA, BA graduated from Washburn University in 1987 with an AS in PT. She later returned to complete her BA in PE with an emphasis in Exercise Physiology. Rhonda began 30 years ago working in long term care. She has served as Rehab Director in multiple long term care facilities with the emphasis on Fall Prevention. She became motivated to find a way to provide comprehensive care with long lasting results in a limited financial and time restricted arena.



AGENDA

8:00 "Movement Patterns in the Geriatric Patient"

Rhonda Boeckman, PTA, BA
Reynolds Bldg Room 222

(4 hrs CEU approved for PT/PTA by ArPTB)

I. What is a Movement Pattern?

- TRUE Fall Prevention in the Geriatric Patient
- Movement Patterns 1&1: Looking at our Foundation
- Rotator Cuff of the Hip/Q angle key players in balance & gait
- Case Studies for evaluation of movement patterns 1&2

II. Evaluation of the Geriatric Patient

- Berg Balance Test/TUG-Forward & Backward/ Four Square Step test
- Manual Muscle Testing in the Geriatric Patient
- Differentiation of Gait in Movement Patterns 1&2
- Documentation: Demonstrating the need for Skilled Care

III. Treatment of Movement Patterns

- Prone to Foam Lab; Tummy Time do's and don'ts
- Gravity vs. Anti-gravity Exercise Regimes
- Self-Awareness/Motor Planning in Simple & Complex Older Adults
- Team Approach to Change & Restore Functional Movement Patterns

12:00 Reception to celebrate the 20th Anniversary of PTA Program
Reynolds Bldg Room 223

2:00 Recognition of Distinguished Alumni
Reynolds Bldg Room 222

3:00 Tailgate Party sponsored by CNHP
Tailgate City

2016 PT Day of Caring

In conjunction with National Physical Therapy Month, the A-State PTA Students are participating in the 2016 PT Day of Caring, a national event in which current students & clinicians select a community service project to assist. The PTA Class of 2017 has selected the A-State Food Pantry which supports students in need. They are asking each conference participant to bring donated items in lieu of paying a conference registration fee. The currently needed items are:

Canned chicken
Canned Fruit
Oatmeal
Pasta & Pasta Sauce
Macaroni & Cheese
Mashed Potato Mix
Peanut Butter
Jelly (any flavor)
Instant Tea or Coffee
Cereal

(microwavable items are best)